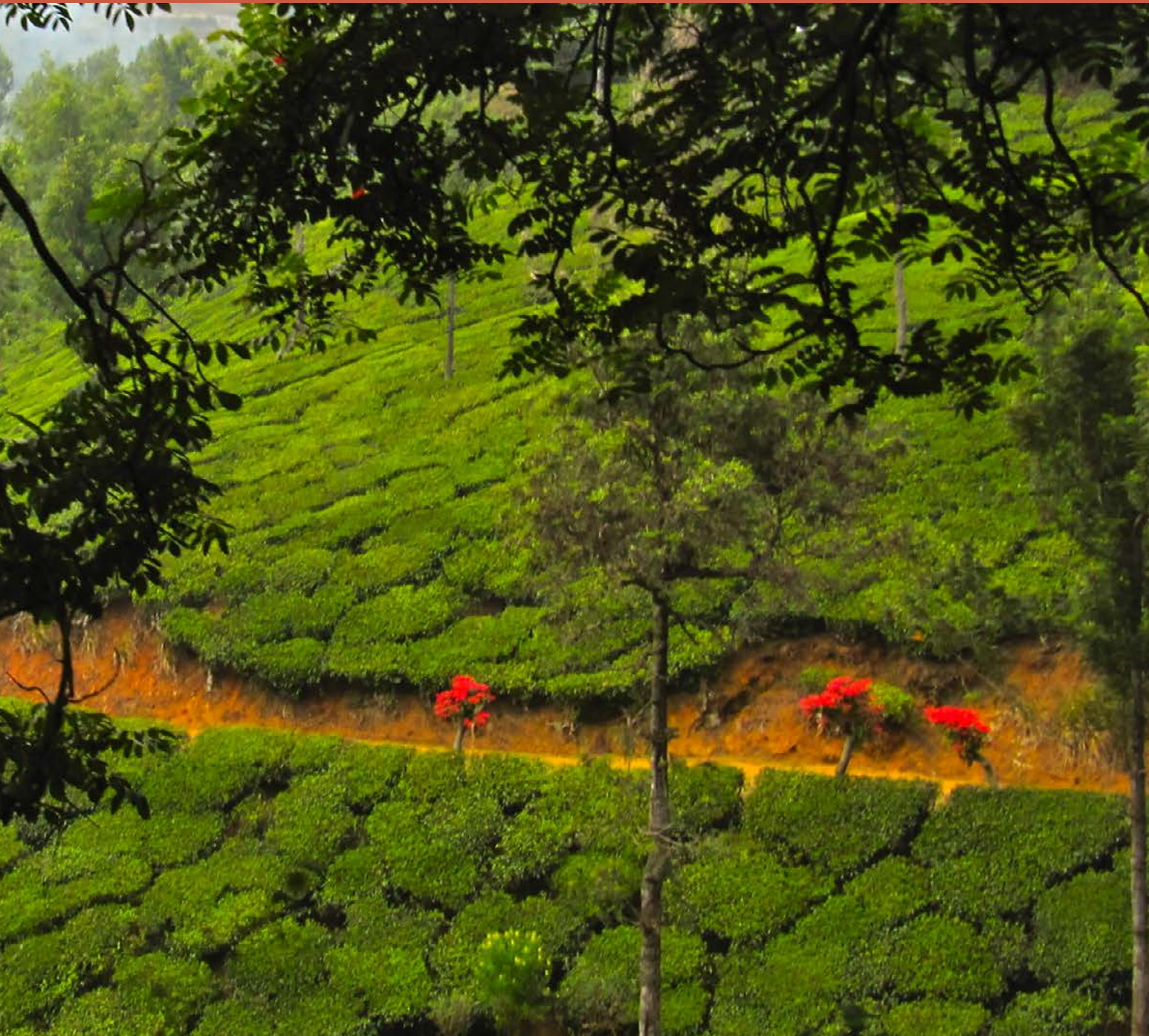


INDIA

THE HEART OF THE SOUTH



TOUCH OF
SPIRIT
TOURS



**“Touring the
South of
India
was the
most
inspirational
and exciting
event of
my life!”**

INDIA

THE HEART OF THE SOUTH



TOUCH OF
SPIRIT
TOURS

Discover the heart and soul of Tamil Nadu, Kerala and Karnataka.

This 17-day adventure takes you off the tourist path to enjoy the colours, natural beauty, ancient wonders and cultural richness of Southern India. Delight in interacting with the local people and marvel at the wonderful cultural sights and history. This beautiful journey will enrich your life and uplift your spirit.

Departing from Chennai, highlights include, ancient cultural monuments and temples, a wildlife sanctuary, a Hindu Nuns orphanage and school, a visit to a Tibetan monastery, the magnificent Mysore Palace, backwaters houseboat trip, colourful markets and festivals plus great shopping opportunities and mouth-watering cuisine.



ITINERARY

Day One

Arrive in Chennai and transfer to our lovely beach resort in Mamallapuram, a vibrant fishing town. Take it easy by the resort's beachside pool, enjoy a massage, visit the fabulous shops or go for a stroll on the beach.

Day Two

Go on a morning guided tour of seventh century world heritage monuments. After a delicious traditional tali lunch, enjoy a free afternoon to stroll the streets or the beach, swim or have a massage.

Day Three

Drive to the lovely French-influenced town of





Pondicherry where you will enjoy a delicious organic lunch at Quiet healing Centre – part of Auroville International Community. Visit the Matri Mandir and other fabulous sights.

Day Four

Drive to Tanjore, visiting some wonderful ancient sacred sites en route.

Day Five

This morning you will visit a traditional art and craft workshop to see the intricate creation of bronze statues, followed by a visit to the Royal Palace museum. In the afternoon you will go on a guided tour of the beautiful Brihadeeswarar temple (built in 1010).



Go on a guided tour of Cochin to see India's oldest church and synagogue, Chinese fishing nets and other great sights.

Day Six

Visit Sri Lalita Hindu Nuns orphanage and school to enjoy a delicious traditional South Indian lunch and meet the friendly children. Drive to Madurai where you will witness the 'intense' evening ceremony at the world-famous Sri Meenakshi temple.

Day Seven

Visit the Gandhi museum to learn about the life of this fascinating man. After lunch, enjoy a scenic drive to Periyar and in the evening enjoy the Kalaripayat demonstration.

Day Eight

Today we have a spice gardens tour followed by a relaxing backwaters houseboat trip (with lunch) in Alleppy. We then drive to the charming historic town of Cochin.

Day Nine

Day Ten

Enjoy some free time in Cochin before a late afternoon Kathakali dance performance.

Day Eleven

Delight in the breathtaking mountain scenery and lush tea plantations as we travel to Coonoor.

Day Twelve

Enjoy gentle scenic walks and stunning lookouts as well as a visit to a tea factory where you will enjoy some exotic-flavoured tea. There is some free time in the afternoon to relax or visit the Botanical gardens or the huge covered local market.

Day Thirteen

Enjoy the scenic train from Coonoor to Ooty, before a short drive to Mudumalai Wildlife Sanctuary for lunch and an afternoon safari.



Day Fourteen

Start the day with a morning trek and then visit IPAN animal shelter/farm. Enjoy free time in the afternoon before a visit to the elephant camp and river where the elephants bath and feed.

Day Fifteen

Drive to Mysore for a guided tour of the astonishingly beautiful Maharaja's Palace. In the afternoon visit the vibrant fruit and flower market. In the early evening, witness the splendour of the lighted palace.

Day Sixteen

Go on a guided tour of Chamundi Hill & Temple. Visit a friendly Tibetan monastery and enjoy a traditional Tibetan lunch with the friendly monks.

Day Seventeen

Enjoy a guided tour of the ancient & astonishingly carved Somnathpur Temple. After lunch we drive to Bangalore for a final group dinner before flying back home.



ADDITIONAL INFO

Your 17-day experience includes air-conditioned travel, all accommodation, entrance fees, local guides, many meals, backwaters house boat trip, jeep safari & trek, cultural performance, bottled water and guide tips.

For booking information contact:

1300 722 932

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Transformational Journeys Pty Ltd

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Please note: The itinerary may be subject to change depending on altered circumstances.

